



### **Informed Consent**

W.I.N.G.S. Program

Terri Martin, Program Director

Life In Abundance, 501 (c)(3) Non-Profit

[tmartin@lifeinabundance.com](mailto:tmartin@lifeinabundance.com)

864-408-8580

**Services Offered and Clients Served:** Life In Abundance recognizes that there are women within our community who find themselves in crisis situations but have no one specific place to turn to for help. Leaving a crisis situation or regaining equilibrium after a situational difficulty can be overwhelming, especially for those who have children but are without immediate family to help. Persons in a crisis situation are sometimes unsure of the 'next steps' to take regarding things like housing or legal assistance. In some cases, persons may not even have the funds to pay for immediate needs such as food, gas, or medicine. Our organization desires to offer counseling to women in need and to become a strong community resource hub, able to direct each woman in need to much needed resources.

W.I.N.G.S. is dedicated as a women's ministry program offered through Life In Abundance (a 501 (c)(3) non-profit organization). Our focus is assisting women in need as they move out of a crisis situation to a position of strength and stability. W.I.N.G.S. connects women to community resources and provides hands-on help when needed.

**Individual Growth Plan:** Our organization seeks to empower women to be their best; emotionally, spiritually, and physically. We do this by walking alongside them through difficult life situations, directing them to appropriate resources, helping them think through life-changing decisions and tough choices, providing accountability for their actions and choices, and by celebrating their victories with them.

The W.I.N.G.S. program is designed to develop an Individual Growth Plan (IGP) for each woman in need, in order to provide necessary accountability for her as she is transitioning out of her current crisis or situational difficulty. Each IGP is established between the client and her W.I.N.G.S. representative and counselor. This step by step plan helps our clients implement structure, build confidence in decision making, create a strong support network, and surround herself with positive Christian influence and encouragement. Each client's progress is monitored through regular client contact and communication with community resources as needed.

**Code of Conduct:** We agree to adhere to the National Christian Counselors Association (NCCA) and the American Association of Christian Counselors (AACC) codes of conduct and code of ethics. A copy of the Code of Conduct and Code of Ethics is available upon request.

Information revealed in working with W.I.N.G.S. will remain strictly confidential, unless the following exceptions occur:

- The client signs a written release of information indicating informed consent of such release.
- The client expresses intent to harm him/herself or someone else.
- There is a reasonable suspicion of abuse/neglect against a minor child, elderly person (60 or older), or a dependent adult.
- A court order is received directing the disclosure of information.

**Privileged Communication:** It is the policy of W.I.N.G.S. to assert privileged communication on behalf of the client and the right to consult with the client if at all possible, except during an emergency, before mandated disclosure. We will endeavor to apprise clients of all mandated disclosures as conceivable. Information obtained from a client individually may be shared with the client’s spouse or other family members only with the client’s permission.

**Emergency Situations:** If an emergency situation should arise, you may seek help through hospital emergency room facilities or by calling 911.

**Client Responsibilities:** You, the client are a full partner with W.I.N.G.S. Your honesty and effort is essential to success. If, as we work together, you have suggestions or concerns, we expect you to share these with us so that we can make the necessary adjustments. If it develops that you would be better served by another ministry or agency, we expect you to inform us of this and grant us permission to request and share information with that ministry or agency, as needed, so that we may coordinate our services to you.

**Physical Health:** Physical health can be an important factor in the emotional well-being of an individual. If you have not had a physical examination in the last year, it is recommended that you do so. Also, please provide us with a list of all medication you are currently taking.

---

Client Signature

---

Date

---

Representative, W.I.N.G.S.

---

Date